

Outdoor Activity: Stomp the Balloon

Items Needed:

- Balloons (one for each child) and Yarn

Instructions:

- Give each child a balloon and tell the children to blow up their balloons and tie them.
- When the balloons are filled and tied, give each child a piece of yarn and have them tie their balloons to one of their ankles.
- When you say “GO,” they will try to stomp on the other children’s balloons, while trying to keep their own balloons from being stomped by someone else.
- The last child to have a balloon that has not been popped wins the game.